



SPECIAL POINTS OF INTEREST:

- Belle Haven Regatta on July 15th.
- Larchmont Raceweek July 15th—19th.
- Please hand in your regatta commitment forms if you have not already done so.

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THE HUGUENOT TELLTALE

VOLUME 2, ISSUE 1

12 JULY 2013

Junior Sailing First Session 2013

Ahoy and welcome to the 2013 HYC Junior Sailing program! Hope you had a very happy Fourth of July and are settling nicely into the summer season! To keep parents and families abreast of camp events, regatta deadlines, and all the progress your sailors are making over the summer, we'll be sending out weekly installments of The Huguenot Telltale.

Enjoy and Happy Sailing!

Heading Up!

We're all excited to be a part of your child's summer and to share our love of the sport, and so far we're off to a great start to our first session. Although the weather was not ideal this week, we were still able to learn through "chalk talks" and managed to get out on the water. On Friday, Cameron Okie from Save the Sound, came to educate our junior sailors and he was quite the hit!





As mentioned on the previous page, Cameron Okie came this Friday to educate our sailors about the body of water that they sail in. Cameron taught our junior sailors that the Long Island Sound is an estuary of brackish water and that it is our duty to keep it clean. He also made them repeat the phrase, “what goes on the ground, goes in the sound.” With Cameron, our sailors got to test the turbidity, temperature, salinity and dissolved oxygen level of the water at HYC. Later, Cameron showed our sailors some of the critters that live in our area, including oysters, mud snails, hermit crabs, razor clams, eels and star fish. It was a fun day and all of our sailors received Save the Sound water bottles (which they can bring to camp)!



Beginner Optis

The beginners launched off the first session learning various nautical things. This week they mastered learning the parts of the boat, from the bow to the stern and the head of the sail to the foot. They also became skilled at making the “bunny” go around the “tree” and back into the hole, having learned three basic knots: the bowline, square knot and eight knot. Many of the novice sailors have shown great potential and we will continue perfecting sailing upwind. They will continue to improve and learn new skills over the next few weeks.

Intermediate Optis

The intermediates had a good first week, focusing on re-familiarizing themselves with their boats and with the fundamentals of sailing. They did various drills and practiced long distance sailing. This week they all did a fabulous job, especially on Thursday, sailing in heavy wind.



Blue Jay/420

The blue jay and 420 sailors shook off the rust from their off-season, and quickly became reacquainted with their boats. The 420 girls are excited to be participating in Larchmont Raceweek.

Let's hope the wind is in their favor this week, and that this year the regatta is not the typical "Larchmont Drift Week". Good luck girls!



This was an exciting first week for the Laser sailors, some of whom are completely new to the boat. The week was full of chalk talks

and roll tacking drills. Next week, we are sending a few sailors to Larchmont Race Week, the biggest junior sailing event on the Long Island Sound, with several hundred competi-

tors. We are hoping for a fun summer after a great first week!

Lasers